## Recovery Month

Prevention Works · Treatment is Effective · People Recover

## SEPTEMBER 2014

Family and Community Event

8<sup>th</sup> Annual

RECOVERY DAY CELEBRATION



Join the VOICES for RECOVERY And Speak Up

My worst days in recovery are better than the best days in relapse.

-Kate Le Page-

Recovery is the bridge between who you were and who you are.

-Anonymous-

Remember... You are the most important person in your recovery.

-Anonymous-

Strength doesn't come from what you can do. It comes from overcoming the things you once thought you couldn't.

-Anonymous-

Celebrate substance abuse & mental illness recovery – An all age's community event!

Saturday Sept. 13 9am - 2pm

Indian Creek
Train Depot Courtyard
as part of the
Indian Creek Festival

Blaine St. & S. 7th Ave, Caldwell, ID







FREE Family Day Pass to the YMCA for all who visit resource fair booths. Pass is valid 9/14/14- 10/31/14

Proudly Sponsored By:
The Idaho Dept. of Health and Welfare's
Region 3 Behavioral Health Board
www.bhb3.dhw.idaho.gov
Questions: husmannj@dhw.idaho.gov

## **ACTIVITIES:**

- Resource Fair Tour
- Games for Children and Teens
- Free Prizes
- Youth Bicycle Raffle
- Showing of "Anonymous People" inside train depot

## **ENTERTAINMENT**

Music and Entertainers

**GUEST SPEAKERS**